


BE A PART OF THE  
**Modeh Ani Movement!**  
START YOUR MORNING WITH AN ATTITUDE OF GRATITUDE



DESIGNBY  @GMAIL.COM

 **monthly  
raffles!**

 **weekly newsletter  
& interview!**

HAVE A PARENT SIGN YOU UP AT  
MODEHANICHAMP@GMAIL.COM  
SUBJECT: SIGN UP

## Be a Modeh Ani Champ!

OPEN TO GIRLS OF ALL AGES.

HERE'S HOW IT WORKS:

- SAY MODEH ANI AS SOON AS YOU WAKE UP, BEFORE YOU JUMP OUT OF BED :)
- FILL IN THE CHART BELOW FOR EACH DAY YOU DO IT.
- WHEN YOU COMPLETE A FULL WEEK,

SUBMIT: NAME, SCHOOL, CITY, AND STATE

MODEHANICHAMP@GMAIL.COM, BY SUNDAY NIGHT.

- YOUR NAME WILL BE LISTED WITH ALL THE OTHER MODEH ANI CHAMPS WORLDWIDE!
- A MODEH ANI CHAMP WILL BE INTERVIEWED WEEKLY, FOR THE NEWSLETTER. (WE WILL CONTACT YOU THROUGH EMAIL.)
- CHECK OUT THE WEEKLY NEWSLETTER FOR SPECIAL RAFFLES!
- NEWSLETTER WILL BE SENT OUT TO ALL MODEH ANI CHAMPS THAT SUBMIT THEIR NAME VIA EMAIL.

THANK YOU MODEH ANI CHAMPS!

YOU ARE THE BEST!

CONTINUE TO THANK HASHEM!



CUT THIS CARD OUT TO HAVE BY YOUR BED:

MODEH ANI CHAMPS! SAY THIS BEFORE YOU JUMP OUT OF BED:

מִיָּדָה אֲנִי בְּעוֹלָמְךָ יְיָ  
חַי וְקַיִס לֵבְךָ חֲזָרָה בֵּי  
נְשִׁמָּתִי בְּחִמְלֶךָ רַחֵם  
אֵלְיָי

THANK YOU HASHEM  
FOR GIVING ME  
ANOTHER DAY!





PRINT AND HANG THIS SOMEWHERE THAT IT  
WON'T GET LOST!



FILL IN A BOX  
EACH DAY!

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
WEEK #1							
WEEK #2							
WEEK #3							
WEEK #4							

EVERY DAY I'M A  
**MODEHANICHAMP!**

ONCE YOU COMPLETE A WEEK, SEND YOUR NAME, CITY, STATE TO [MODEHANICHAMP@GMAIL.COM](mailto:MODEHANICHAMP@GMAIL.COM)